



## Personal Data

Name: **Saskia Tindle**  
Address: **Esterházygasse 21/39-40  
1060 Wien  
Austria**  
Mobile: **+43 0650 280 29 22**  
E-Mail: **saskia-tindle@gmx.at**  
Date of Birth: **23.10.1970**  
Place of Birth: **Northampton, England**  
Passport: **British**

## Training & Further Education

From August 2023	<b>Palucca University, Dresden, Germany</b> MA Dance Teacher Programme
2020	<b>Certificate in PBT</b> <b>Long distance studies</b> Progressing Ballet Technique Trainer
2020	<b>DMA</b> <b>Long distance studies</b> Dance Movement Analysis: Leah Bueno, USA
2019	<b>School of Performing Arts, University of Wolverhampton UK,</b> <b>Long distance studies</b> Master of Science: Dance Science, MSc. (with Distinction)
2016 - 2018	<b>Sports Institute, University of Bern, Switzerland</b> <b>Long distance studies</b> Masters in Dance Science, MAS (summa cum laude)
2012 - 2014	<b>ta.med eV, Darmstadt, Germany</b> <b>Long distance studies</b> ZAM Certificate in Dance Medicine (with honours)
2009 - 2011	<b>Royal Academy of Dance, London, United Kingdom</b> <b>Long distance studies</b> Certificate in Ballet Teaching Studies
2003 - 2006	<b>Akademie U5, Munich, Germany</b> Diploma in Graphic Design (magna cum laude)
1987 - 1990	<b>Ballet Rambert School, London, England</b> Professional dance diploma in ballet und contemporary dance (Graham, Cunningham)
January 1987- October 1987	<b>Bush Davies School of Theatre Arts, East Grinstead, England</b>

## Professional Background Teaching

April 2023	<p><b>„Glücklich. War gestern, oder? Eine Aneignung“</b>  <b>Director Andrea Amort</b>            Task:</p> <ul style="list-style-type: none"> <li>• Guest teacher</li> </ul>
From June 2023	<p><b>Tanz Quartier, Vienna, Austria</b>            Task:</p> <ul style="list-style-type: none"> <li>• Ballet for contemporary dancers</li> </ul>
From February 2022	<p><b>Initiative Tanz und Bewegungskunst Österreich, Vienna, Austria</b>            Task:</p> <ul style="list-style-type: none"> <li>• Open classes in classical ballet for professional and advanced dancers</li> </ul>
March 2021- July 2022	<p><b>“ STAGE“ Education program. Directors: Simona Noja and Boris Nebyla</b>            Tasks:</p> <ul style="list-style-type: none"> <li>• Classical Ballet teacher</li> <li>• PBT Training (Progressing Ballet Technique)</li> </ul> <p>STAGE was “an original education lab for training and moulding young international dancers intellectually, creatively and physically, inspiring them with knowledge from recognized &amp; long experienced mentors and choreographers. STAGE bridges the gap between dance education and professional dance life, providing the necessary skills and stage experiences as building blocks for a strong, healthy and successful career”  <a href="https://www.dancearts.at/stage/">https://www.dancearts.at/stage/</a></p>
From December 2021	<p><b>Badener Ballett, Baden bei Wien, Austria</b>  <b>Direction: Anna Vita</b>            Task:</p> <ul style="list-style-type: none"> <li>• Regular guest teacher for classical ballet class</li> </ul>
Aug. - Sep. 2019 and 2020	<p><b>The Music and Arts University of the City of Vienna; MUK (formerly the Conservatory of the City of Vienna, Austria)</b>            Task:</p> <ul style="list-style-type: none"> <li>• Workshops in classical ballet and improvisation for students attending the professional education program of the MUK</li> </ul>
From Sep. 2018	<p><b>Vienna City Music School, Vienna, Austria</b>            Tasks:</p> <ul style="list-style-type: none"> <li>• Deputy Music School Director</li> <li>• "Move and Play" (own concept: dance interventions are used by young musicians and singers to improve musical abilities)</li> <li>• Classical ballet class</li> <li>• Choreographing and directing rehearsals</li> <li>• Organizing performances</li> <li>• Correspondence with students, pupils and parents</li> <li>• Adjudicating exams</li> <li>• Administration of registrations</li> </ul>

Sep. 2018 - July 2022	<p><b>Dancearts Boris Nebyla Eu, Vienna, Austria</b>            Task:</p> <ul style="list-style-type: none"> <li>• Classical ballet for professional and advanced dancers</li> </ul>
2015 - 2018	<p><b>The Music and Arts University of the City of Vienna; MUK</b>            Tasks:</p> <ul style="list-style-type: none"> <li>• Daily classical ballet class and improvisation interventions</li> <li>• Choreographing and directing rehearsals</li> <li>• Organizing performances</li> <li>• Supervision of student projects</li> <li>• Participation in dissertations</li> <li>• Bachelor Thesis Assessments</li> <li>• Correspondence with students and parents</li> </ul>
2014 - 2017	<p><b>Tanz Quartier, Vienna, Austria</b>            Task:</p> <ul style="list-style-type: none"> <li>• Ballet for contemporary dancers</li> </ul>
2014 - 2016	<p><b>Vienna City Music School, Vienna, Austria</b>            Tasks:</p> <ul style="list-style-type: none"> <li>• Classical ballet class</li> <li>• Choreographing and directing rehearsals</li> <li>• Correspondence with students, pupils and parents</li> <li>• Adjudicating exams</li> <li>• Administration of registrations</li> </ul>
March 2015 and April 2018	<p><b>Dance Company Wayne McGregor, tour destination St. Pölten, Austria</b>  <b>Direction: Wayne McGregor</b>            Task:</p> <ul style="list-style-type: none"> <li>• Guest teacher for classical ballet class</li> </ul>
2009-2014	<p><b>Performing Arts Center, Vienna, Austria</b>            Tasks:</p> <ul style="list-style-type: none"> <li>• Classical Ballet teacher in a professional, four-year training program for aspiring musical-theatre performers</li> <li>• "Survivals" Workshops for the prevention of injuries- own concept</li> </ul>
2009 - 2015	<p><b>Teaching of classical ballet classes and workshops in various schools and independent dance projects in and around Vienna, Austria</b></p>
2009 - 2011	<p><b>Choreofusion Dance Company, Vienna, Austria</b>  <b>Group Project</b>            Tasks:</p> <ul style="list-style-type: none"> <li>• Dancer</li> <li>• Choreographer</li> <li>• Graphic design</li> </ul>
1998-2002	<p><b>City Theatre, Koblenz, Germany</b>  <b>Ballet Director: Anthony Taylor</b>            Task:</p> <ul style="list-style-type: none"> <li>• Group and solo dancer</li> </ul>

**Professional Background  
as a performing artist**

- 1999 **Discount Dance Theater, Koblenz, Germany**  
**Project direction and choreography: Raffaele Irace**  
Task:  
  - Group and solo dancer
- 1998 **Tanztheater Regenbogen, Kulturfabrik Koblenz, Germany**  
**Company direction and choreography: Doris Schäfer**  
Task:  
  - Group and solo dancer
- 1997 **Just Desserts Dance Company, London, England**  
**Project direction and choreography : Renato Paroni de Castro**  
Task:  
  - Solo dancer
- 1995 - 1998 **State Theatre, Braunschweig, Germany**  
**Ballet Director: Pierre Wyss**  
Tasks:  
  - Group and solo dancer
  - Costume design for „People Like You and Me” in 1996
- 1995 **City Theatre, Görlitz, Germany**  
**Ballet Director: Franz Huyer**  
Task:  
  - Guest dancer
- 1994 - 1995 **State Theatre, Altenburg, Germany**  
**Ballet Director: André van Dongen**  
Task:  
  - Group and solo dancer
- 1992 - 1993 **National Ballet Company, Lisbon, Portugal**  
**Ballet Director: Armando George**  
Task:  
  - Group dancer
- 1991 - 1992 **Deutsche Oper am Rhein, Düsseldorf, Germany**  
**Ballet Director: Heinz Spoerli**  
Task:  
  - Group dancer
- 1990 - 1991 **Deutsche Oper am Rhein, Düsseldorf, Deutschland**  
**Ballet Director: Paolo Bortoluzzi**  
Task:  
  - Group dancer

## Excerpt of Productions

A Fleur de Peau - Antonio Gomez  
Beatles - Anthony Taylor & Mila Tomsich  
Bolero - Anthony Taylor (Solo character)  
Canto Jondo - Oscar Araiz  
Cinderella - Pierre Wyss

Concerto - Sir Kenneth MacMillan  
 Concerto Barocco -Balanchine  
 Coppelia - Anthony Taylor (Swanhilda)  
 Four Temperaments – Balanchine (Phlegmatic)  
 Fantasies - Eric Walter  
 Goldberg Variations - Anthony Taylor  
 Pas de Quatre- Jules Perrot (Lucile Grahn)  
 La Fille mal Gardee - Fredrick Ashton  
 La Fille Mal Gardée´- Heinz Spoerli  
 Les Sylphides - Michel Fokine  
 Lu-Lu - Pierre Wyss  
 Madame Butterfly - Paolo Bortoluzzi  
 My Fair Lady - Deutsche Oper am Rhein, Düsseldorf  
 My Marilyn - Pierre Wyss  
 Nußknacker - Heinz Spoerli (Russian & Arabian)  
 Opera Classics - Uwe Scholz  
 People Like You And Me – Pierre.Wyss (costume design – S.Tindle)  
 Playing God - Pierre Wyss  
 Pulcinella - Nils Christie  
 Rebounds - Antonio Gomez  
 Romeo und Julia - Anthony Taylor (Rosalind)  
 Romeo und Julia - Pierre Wyss  
 Rosalie - Pierre Wyss  
 Sacre du Printemps - André Von Dongen -inspired by Pina Bausch  
 Sacre du Printemps - Eric Walter

## Projects and Events 2020-25

(up-coming event) 2-3 May 2025

**Seminar “Creativity” Collegium generale of the University of Bern, CH**  
 Speaker/Intervention “Creativity through Somatic Authority”

4 February 2023

**Concorso internazionale Cantù che Danza 2023**

Task:

- Jury member

March 2022- June 2022

**“Remember to Forget” Blare Dance Company**

Task:

- Choreography  
 Dance Project taking the audience on a journey through the world of memory in all its facets, influenced by personal memories and the associated emotions, inviting them to also connect with their own memories and the processes associated with them.

22-14 October 2021

**IADMS International Association of Dance Science and Medicine:**

31<sup>st</sup> Annual Conference - Denver

Online Presentation of Thesis “ Comprovisation: Optimising

Professional Classical Ballet Training for Adolescents

13-19 March 2021

**ta.med. e.V, Online-Kongress für Tanzmedizin:**

Thesis presentation “ Comprovisation: Optimising Professional Classical Ballet Training for Adolescents”

13-15 March 2020 **ta.med. e.V Symposium 2020:**  
Thesis presentation “ Comprovisation: Optimising Professional  
Classical Ballet Training for Adolescents” *Cancelled due to COVID*

May and June 2020 **Choreographic Assistant and Ballet Mistress:**  
Styriarte Project, “Die Geschenke der Nacht” under the direction of  
Jörg Weinöhl *Cancelled due to COVID*

### Languages

**English:** Native

**German:** Spoken and written fluently

### Memberships

**ta.med e.V.** (Society for Dance Medicine, Germany)

**IADMS** (International Association for Dance Medicine and Science)

**Österreichischen Berufsvereinigung für Tanzpädagogik** (Austrian  
Dance Teachers Association)

### IT Skills

Word, Excel, Photoshop, InDesign, Illustrator